## RAFFLES SPA JOURNEYS

Raffles Spa Journeys stimulate inner and outer transformations by travelling from one place to another through sensory pleasures, unique surroundings and rejuvenating sensations. Leave feeling well-rested, revitalised and on your journey to living well.

		Weekday	Weekend
sumatra healing ceremony			
Exfoliate. Deep tissue traditonal massage.	120 minutes	\$400	\$440
Soothes away tension			

Experience absolute indulgence with this ancient royal remedy. Using traditional herbs, body exfoliation methods and Indonesian massage techniques; this therapeutic treatment soothes away body tension, alleviates muscle aches and stimulates blood circulation.

## CHAKRA DEEP SLEEP RITUAL

Gentle point massage body wrap.	120 minutes	\$400	\$440
Soothes away tension, Ayuverda-inspired nourishing			
body treatment that restores the body, mind & soul.			

## LAPIS LAZULI YIN-YANG THERAPY

Full	bod	y massage.	Improve	blood	circul	ation	120 minutes	\$400	\$440
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Inspired by Chinese traditional medicine, this therapeutic body treatment uses the mystical healing properties of Lapis Lazuli stones and Chinese herbal oil to restore the flow of qi in the body. The treatment focuses on the face and scalp by incorporating a jade stone facial massage designed to boost circulation for a brightening and smoothing effect.