

## Breakfast Menu

### Fresh bakes of the morning

<i>Croissant</i>   	312 kcal	50 gms
<i>Almond Croissant</i>     	360 kcal	50 gms
<i>Tropical fruit Danish pastry</i>   	289 kcal	35 gms
<i>Kouign Amann</i>   	196 kcal	35 gms
<i>Chocolate muffin</i>   	252 kcal	40 gms
<i>Berry and vanilla muffin</i>    	297 kcal	40 gms
<i>Hazelnut Berliner</i>     	348 kcal	30 gms

### Health Treats

#### Homemade Granola Bowl

*Probiotic yogurt topped with muesli, oats and fresh fruits*  
 | 265 kcal | 100 gms

#### Millet Porridge

*Millet, skimmed milk, raisins and cinnamon*  
 | 320 kcal | 110 gms

#### Pullet dosa

*Crisp pancake of pulses and millet served with vegetable sambar and chutneys*  
 | 728 kcal | 245 gms










#### Gluten free date and fig pancake

*Berry yoghurt, fresh fruits* | 315 kcal | 150 gms

#### Egg white soufflé omelet

*with baby spinach and chevre*  
 | 154 kcal | 140 gms

Should you have any specific dietary restriction or food allergy please inform your server

-  Vegetarian  
  Contains Milk  
  Contains Eggs  
  Contains Nuts  
  Contains Shellfish  
  Spice
-  Contain Egg, Meat  
  Contain Soybeans  
  Contain Alcohol  
  Contain Eggs
-  Contain Fish & Fish Products  
  Contain Nuts
-  Contain Milk & Milk Products  
  Contain Pork  
  Contain Shellfish




An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary. The above mentioned calorific values are based on standard recipes and often vary basis Customization All our meat & fish is locally sourced, unless specified otherwise. Please speak to your server for more details about our sustainability practices.

We do not levy a service charge,




An 18% Goods & Services Tax is applicable on all prices





## Tartines at Vanyavilas

### Whole wheat five serial loaf with selection of toppings

*truffle scrambled egg* | 415 kcal | 140 gms   

*herb mushroom* | 315 kcal | 140 gms   

*smashed avocado with confit, tomato and feta* | 334 kcal | 140 gms   

*fried egg, honey glazed ham* | 520 kcal | 140 gms    

## Indulgence at Vanyavilas

### Eggs Benedict

**Traditional**     

*with poached eggs honey glazed ham, English muffin,*

*hollandaise sauce.* | 765 kcal | 180 gms

**Royal**    

*with poached eggs smoked salmon English muffin,*

*hollandaise sauce* | 695 kcal | 180 gms.

**Florentine**    

*with poached eggs spinach English muffin,*

*hollandaise sauce.* | 603 kcal | 180 gms

**Blackstone**     

*with poached eggs bacon English muffin,*

*hollandaise sauce.* | 828 kcal | 180 gms

**Eggs to order**   





*omelet, fried egg, poached egg, scrambled egg, boiled*

| 205 kcal | 135 gms

**Turkish eggs**   

*poached eggs, garlic labneh, fried onion and paprika,*














| 310 kcal | 160 gms

**Akuri with pav**    

*Parsi style soft scrambled eggs flavored with*

*ginger and turmeric* | 374 kcal | 160 gms

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### Spanish omlette

*Open faced omlette with bell peppers, potatoes olives and herbs | 280 kcal | 140 gms*

### Buttermilk pancakes

*served with honeycomb butter*

<i>classic</i>	320 kcal	140 gms
<i>chocolate and orange</i>	392 kcal	150 gms
<i>berry and lemon</i>	372 kcal	150 gms
<i>banana caramel</i>	385 kcal	150 gms

### Waffle

*classic or coconut and forest berry, served with fresh fruit and whipped cream | 405 kcal | 110 gms*

### French toast

*plain or chocolate, serve with caramelized banana split and lemon curd | 330 kcal | 150 gms*

### Paratha

<i>whole wheat Indian bread with the filling of potatoes, cauliflower,</i>	285 kcal	90 gms
<i>paneer</i>	240 kcal	90 gms
<i>green pea</i>	302 kcal	90 gms
	210 kcal	90 gms

### Poori Bhaji

*deep fried whole wheat Indian bread with carom seeds accompanied with spicy potato and tomato curry | 620 kcal | 280 gms*

### Dosa














*served with sambhar and and selection of south Indian chutneys*

<i>Benne,</i>	400kcal	255 gms
<i>mysore,</i>	435 kcal	265 gms
<i>ragi</i>	350 kcal	245 gms

### Masala Uttapam

*rice pancakes with onion, tomatoes and green chilies | 609 kcal | 191 gms*

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**Plain Idli** 




*steamed rice cakes served with Sambhar, and assorted south Indian chutneys*

Ghee podi idli 	150 kcal	220 gms
Masala idli	350 kcal	250 gms
	370 kcal	270 gms

**Upma**   

*Semolina and milk savoury pudding with curry leaf*  
| 215 kcal | 110 gms

## Regional specialties

**Rajsthani Kadhi Kachori**   


*deep fried Indian bread filled with potatoes and onion served with gram flour and yogurt curry*  
| 690 kcal | 150 gms

**Indori Poha** 

*flattened rice tempered with curry leaves, onion, chili and fennel from city of Indore*  
| 320 kcal | 80 gms

**Gur lapsi**    

*Rajsthani pudding of broken wheat, milk and jaggery served with nuts and dried fruits*  
| 288 kcal | 85 gms












**Gugni vada** 

*lentil fritters with dried white pea curry from Eastern India*  
| 231 kcal | 135 gms

**Surti Locho**  

*Bengal gram and yoghurt pudding with onions and crisp noodle* | 194 kcal | 120 gms

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## Fresh pressed juices

Melon ginger and mint	98 kcal   180 ml
Green detox	85 kcal   180 ml
Orange	102 kcal   180 ml
Carrot, apple and pineapple.	145 kcal   180 ml

## Shakes and smoothies

*(lactose free option available on request)*

Banana and roasted coffee (A)	230 kcal   220 gms
Wild berry (A)	187 kcal   220 gms
Kiwi and Maple smoothie (A)	210 kcal   220 gms
Mango Almond Shake (A)	195 kcal   220 gms
Bircher smoothie (A)(G)(N)	245 kcal   220 gms
Cardamom and pistachio lassi (A)(P)	265 kcal   220 gms
Pink salt and cumin, buttermilk (A)	65 kcal   220 gms
Sweet lassi (A)	228 kcal   220 gms

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