

in-room
Dining
MENU

S O F I T E L

سوفيتل دبي داون تاون
DUBAI DOWNTOWN



A La Carte Breakfast

CONTINENTAL BREAKFAST	105
Seasonal Cut Fruits Freshly Squeezed Fruit Juice Fresh Baked Viennoiserie (N) French Butter, Jam Honey Selection of Sofitel Teas/ Coffee or Hot Chocolate Full Fat Milk/ Low Fat Milk or Soya Milk - Hot or Cold	
VEGAN BREAKFAST	90
Seasonal Cut Fruits Freshly Squeezed Fruit Juice Soy Milk Oat Meal with Dry Nuts Scrambled Avocado Topped with Tofu served on Toasted Homemade Ciabatta Bread.	
LA GRASSE MATINEE	140
Seasonal Cut Fruits Freshly Squeezed Fruit Juice Fresh Baked Viennoiserie (N) French Butter, Jam Honey Yoghurt, Natural or Fruit Cereals (N) - Choice of Cornflakes/ Frosties/ Choco Pops/ All-Bran or Honey Smacks Fresh Farm Eggs of Your Choice (Omelet/ Scrambled/ Boiled or Poached) Served With Hash Brown Potato, Baked Beans, (Plum Tomatoes or Sautéed Button Mushrooms) Choice of (Chicken Sausage/ Beef Sausage or Crispy Turkey Bacon) Selection of Sofitel Teas/ Coffee or Hot Chocolate or (Full Fat Milk/ Low Fat Milk or Soya Milk) - Hot or Cold	
ORIENTAL BREAKFAST	140
Seasonal Cut fruits freshly Squeezed Fruit Juice, Fresh Baked Viennoiserie (N) and Arabic Bread (N) French Butter, Dates, Honey, Black Olives, Olive Oil Labneh, Halloumi Cheese Shakshuka (with Tomato and Onion) Foul Madams (Broad Beans with Garlic Lemon Juice) Selection of Sofitel Teas/ Coffee or Hot chocolate full Fat Milk/ Low Fat Milk or Soya Milk - Hot or Cold	
WELL-BEING BREAKFAST	130
Our Bakers Healthy Special Selection served with Honey Selection of Raw Nuts (N) Warm Oatmeal with Macerated Apricot, Red Currants and Caramelized Banana Seasonal Cut Fruits Egg White Omelet with Blanched Green Asparagus, Grilled Cherry Tomato and Baby Spinach Plain Yoghurt or Fruit Yoghurt Selection of Fine Teas/ Coffee or Hot Chocolate Full Fat Milk/ Low Fat Milk or Soya Milk - Hot or Cold Choice of Detox Juice or Smoothie.	
COLD CUTS PLATTER	70
Cold Cuts of Veal, Beef and Chicken Served with Capers, Pearl Onion, Gherkins, French Butter and Grilled Country Bread.	
SELECTION OF CEREALS	35
Choice of Corn Flakes, All-Bran, Frosties, Coco Pops or Honey Smacks Served with your Choice of Full Cream Milk, Low Fat Milk or Soya Milk.	
BIRCHER MUESLI	45
Our Very Own Recipe with Brown Oats, Caramelized Walnuts, Honey, Raisins, Orange, Yoghurt, Fresh Cream, Grated Apple, Banana, Pineapple & Strawberries.	
BAKER’S BASKET	45
Freshly Baked Viennoiserie, Served with Jams, Honey and French butter.	
BELGIUM WAFFLES	55
Served with Candied Banana and Nutella	
BUTTERMILK PANCAKES	55
Pancakes Served with Maple Syrup, Apple Apricot Compote, Mix Berries and Powdered Sugar	
FRENCH TOAST	55
French Toast Served with Chantilly Cream, Powdered Sugar and Mixed Berries	
TWO EGGS PREPARED ANY STYLE (GLUTEN FREE)	55
Two Eggs Any Style Served with 2 Side Dish of your Choice (Mushroom, Hash Brown, Baked Beans, Plum Tomatoes, Sauteed Mushrooms, choice of Chicken Sausage/ Beef Sausage/ Veal Bacon).	
EGG BENEDICT	55
Toasted English Muffin Topped with Two Poached Eggs and Hollandaise Sauce with Turkey Ham and Asparagus and Sauteed Spinach and Grilled Tomato	
BREAKFAST CHEESE PLATTER	95
Emmental, Brie, Cheddar and Goats Cheese Served with Fig Compote, Cherry Compote, Grapes and Baguette	
Choice of Plain Yoghurt/ Fruit Yoghurt or Granola Yoghurt	30

All-Day Menu

Soups

LENTIL SOUP (VEGAN) Served with Lemon Wedges, Cumin, Garlic and Croutons	40
WILD MUSHROOM CREAM SOUP Sautéed Mixed Mushroom, Truffle Oil, Cream Chervil	40
SHRIMP BISQUE SOUP Shrimp, Scallions and Vegetables	55
SOUP CLASSIQUE A L'OIGNON Caramelized Onion Soup, Served with Baguette Cheese Crouton	55

Snacks & Mezzeh

ARABIC COLD MEZZEH Homemade Hummus, Moutabel, Tabouli and Fattoush, Served with Arabic Bread	65
ARABIC HOT MEZZEH Cheese rolls, spinach fatayer, meat samboussek, lamb kibbeh with tahina sauce	65
FRIED CALAMARI Crispy Cajun Calamari and Lime Aioli	70
VEGETABLE SPRING ROLLS (VEGAN) Deep Fried Spring Rolls and Sweet Chili Sauce	55
EDAMAME (VEGAN) Steamed Edamame Beans Served with Togarashi Salt	50
CHICKEN TENDERS Fried Chicken Tenders, Served with French Fries	60
SMOKED CHICKEN POP CORN Chicken Pop Corn, smoked over oak and basted with spicy Buffalo sauce.	60
GOUGERES Crispy Choux Dumpling Filled with Emmental Cheese & Veal Ham	55

Salads

PANACHE SALAD (VEGAN) Avocado, Palm Hearts, Asparagus, Artichoke, Cherry Tomatoes, Cucumber, Sliced Mushrooms Sweet Corn Served with Lemon Dressing	65
CAESAR SALAD Baby Gem Lettuce, Quail Egg, Parmesan, Cherry Tomatoes, Croutons, Capers, Caesar Dressing Add grilled chicken +10 aed Prawns +15 aed	70
NIÇOISE SALAD Seared Tuna Loin, Gem Lettuce, Black Olives, Cucumber, Bell Pepper, Potato, Cherry Tomato, Chives, Beans, Radish, Quail Egg with Lemon Dressing	70
THE CLASSIC BURRATA Burrata Cheese, Datterino Tomatoes, Basil Pesto with Balsamic Reduction	75
MIXED LEAVES SALAD (VEGAN, GLUTEN FREE) (Baby Gem. Roquette. Baby Spinach. Compressed Watermelon. Walnuts. Avocado Lemon Dressing)	45
QUINOA & KALE SALAD (VEGAN, GLUTEN FREE) Quinoa, Avocado, Roasted sweet pepper, fresh pear, toasted hazelnut cherry tomatoes, cucumber, lemon dressing	60
THAI PAPAYA SALAD Lettuce, green papaya, mango, shrimps, peanuts, long beans, cucumber, bell pepper, cherry tomatoes.	65

Sandwiches & Burgers

CHICKEN CLUB SANDWICH Grilled Chicken, Turkey Ham, Melted Cheddar, Avocado Puree, Boiled Eggs, Lettuce, Tomato, Mustard Mayonnaise, Served with Steak Fries	80
CHICKEN AND AVOCADO Slow Cooked Chicken Breast, Tomato, Mayonnaise, Avocado, Vine Tomato, French Country Bread Served with Green Salad	70
CROQUE MONSIEUR French Cheese and Turkey Ham Toasty Topped with Cheese Bechamel Served with French Fries	65
BEEF BURGER 220g Black Angus Beef Patty, Beef Bacon, Melted Cheddar, Lettuce, Tomato, Tempura Onion Rings and Burger Sauce Served with French Fries	120
SMOKED BRISKET Smoked brisket, French country bread, caramelized onion Coleslaw, BBQ sauce, topped with Emmental cheese and French Fries	115
VEGETABLE PANINI (VEGAN) panini bread, Pesto and tapenade olive spread smoked eggplant, Zucchini grill, bell pepper, tomato served with green salad	70
SMOKED SALMON CIABATTA Brown Ciabatta, Smoked Atlantic Salmon, Chive Crème Fraiche, Wild Rocket, Shallots and Capers Served with Petit Salad	80
HALLOUMI & AVOCADO CROISSANT Fresh Croissant Filled with Mixed Greens, Grilled Halloumi and Fresh Avocado Served with Side Salad	60

Pasta

MUSHROOM RISOTTO Carnaroli rice with mushroom, parmesan cheese and truffle hint, cooking cream.	95
PENNE POMODORO Tomato sauce, onion, shallots, carrot Brunoise fresh herbs parmesan.	70
PENNE ALFREDO Creamy parmesan sauce with chicken and sauté mushrooms	75
LASAGNA BOLOGNESE Classic Homemade Lasagna Bolognese	80
SPAGHETTI BOLOGNESE Ground Beef, tomato sauce, onion, shallots, carrot Brunoise fresh herbs.	90
CREAMY CHEESE & SPINACH RAVIOLI Ravioli pasta stuffed with spinach and cheese tossed in butter and topped with parmesan cheese.	120
PARMIGIANA DI MELANZANE (V) (D) Fresh Croissant Filled with Mixed Greens, Grilled Halloumi and Fresh Avocado Served with Side Salad	55

Pizza

PIZZA MARGHERITA Tomato Sauce, Shredded Mozzarella and Cherry Tomato	70
PIZZA PROVENCAL Mozzarella Cheese, Tomato Sauce, Bell Pepper, Mushroom, Onion, Artichoke, Cherry Tomato, Olives and Basil	75
SPICY SALAMI Beef Pepperoni, Tomato, Chili and Aged Parmesan Cheese	80
FOUR CHEESE PIZZA Cheese Base, Gorgonzola cheese, Mozzarella, Reblochon Goat cheese.	80

Main courses

ARABIC MIXED GRILL Lamb Kofta, Chicken Shish Tawouk, Lamb Chops Served with French Fries Or Oriental Rice	170
BEEF TENDERLOIN Parsnip Purée, Morel Mushroom Jus, Asparagus, Broccolini Baby Carrots and Potato Cake	199
COQ AUX SPÄTZLE Corn fed chicken breast served with spätzle homemade pasta saluted forest mushrooms and creamy moral sauce.	140
SALMON FILLET Fragrant Rice, Roasted Broccoli Vegetables in Vierge Sauce	125
SEABASS FILLET (LOCALLY SOURCED) Served with Coscos, Steamed Vegetable, Saffron Aioli and Candied Vine Tomato	125
SALMON POKE BOWL Steamed Salmon, Jasmine Rice, Asian Vegetables, Avocado, Edamame Beans, Pickled Ginger, Nori, Sesame Seeds and Soya Sauce	80
SEAFOOD GRILL Tiger Prawns, Omani Lobster Tail, Seabass Fillet, Calamari, Lemon Garlic Butter and Potato Cake, vegetables	195
RATATOUILLE AU QUINOA (V) Braised Aubergine, Zucchini and Peppers Sautéed with Tri-color Quinoa	80

Rice & Curry

BUTTER CHICKEN Tandoori Chicken Thigh, Rich Tomato and Cashew Gravy Served with Steamed Rice Or Paratha	95
CHICKEN BIRYANI Served with Raita, Indian Pickles and Roasted Papadum	95
VEGETABLE BIRYANI (V)	80
DAL MAKHANA (V) Urad and Rajma Dal Cooked with Special Indian Spices Topped with Cream and Butter Served with Steamed Basmati Rice and Papadum	70
KADAI PANEER (V) Tandoori Paneer Served in a Rich Tomato and Onion Gravy Served with Steamed Basmati Rice Or Paratha	75

Desserts

DATE & PECAN NUT PIE Rich maple syrup, dates paste, roasted peanut and crunch tart base, served with ice cream.	70
CHOCOLATE CAKE Chocolate Fondant Cake Served with Vanilla Ice Cream	55
SEASONAL CUT FRUITS (VEGAN, GLUTEN FREE) Seasonal Fresh Fruit Platter Served with Passionfruit Yoghurt Dip	55
CRÈME BRULÉE Classic Vanilla Crème Brulee Served with Cinnamon Cronuts	55
CHEESE CAKE Oven Baked Cheese Cake with Lotus Biscuit Base and Salted Caramel	55
ICE CREAM SCOOP Please Ask for Today's Selection	15 per scoop
CARROT CAKE Carrot Cake served with Berries	60

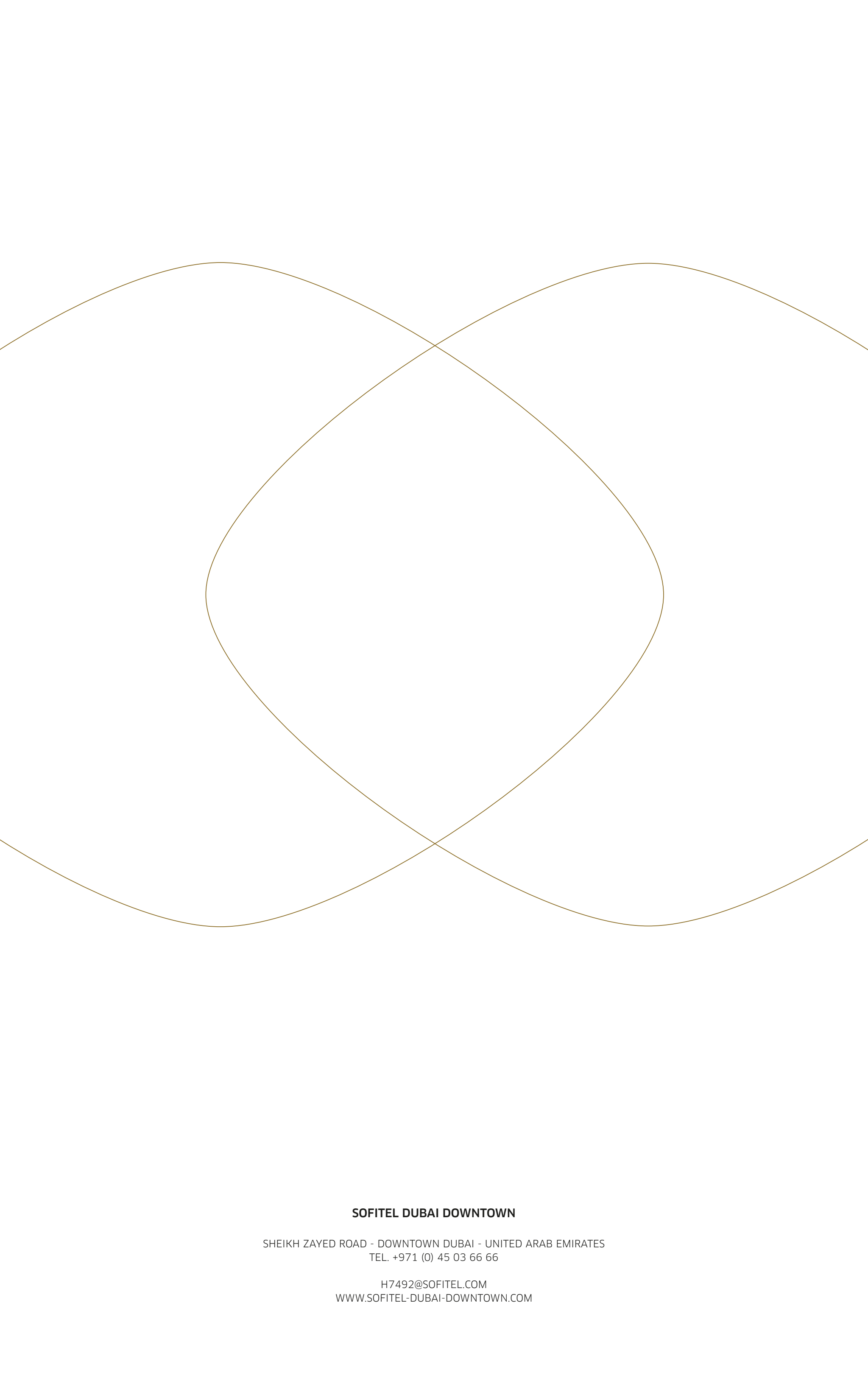
Low-Calorie Gastronomy

Give in to the temptation of gourmet cuisine without comprising your healthy lifestyle goals. De-light was developed by Sofitel Quiberontha-Lassa Sea & Spa, an expert in nutrition and wellness, located on France’s invigorating Atlantic coast. Inspired low-calorie dishes have been created through innovative culinary techniques and an unwavering commitment to refined tastes and textures. Sofitel chefs worldwide are applying these principles and spreading delight, allowing you to dine healthily while enjoying magnifique blends of fine French and local culinary traditions.

DELIGHT BREAKFAST 390 calories coffee, Sugar-free low Fat Plain Yoghurt (100 Calories) Organic Fruit Platter (120 Calories) Whole Wheat Toasts (105 Calories) Light Butter (45 Calories) Sugar-Free Fruit Jam (20 Calories).	125
QUINOA & KALE SALAD (STARTER) (VEGAN) 160 Calories (Anti-Aging Detox).	65
SEA BASS FILLET (MAIN COURSE) 260 Calories Served With Seasonal Garden Vegetables, Lemon Olive Oil	135
DIET STRAWBERRY PANA COTTA (DESSERT) 125 Calories	60

Kids Menu

THE “I DON’T KNOW” Fish Fingers and Fries	60
THE “I’M NOT HUNGRY” Chicken Tenders with Fries	45
THE “I DON’T CARE” Mini Beef Burger with Fries	45
THE “I DON’T WANT THAT’ Mac and Cheese	45
THE “I WANT TO GO HOME” Mini Margarita Pizza	45
THE “I WANTED WHAT SHE HAS” Grilled Cheese and Turkey Ham Sandwich with Fries	45
THE “I WANT ICE CREAM” Two Scoop of Chocolate, Vanilla or Strawberry Ice Cream	30



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