

The Ishtar Spa

by Resense



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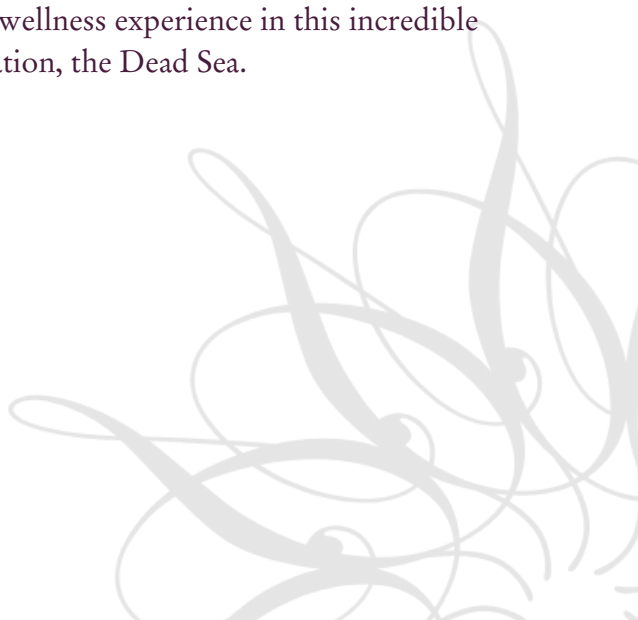


The Resense Experience

Welcome to The Ishtar Spa by Resense and, most importantly, the Dead Sea. This is a truly healthy and historic destination. The mineral-rich waters, muds, filtered UV light and high oxygen levels have been nourishing minds and bodies for centuries.

We have carefully designed every element of the spa menu to provide you with a classic service, a luxurious experience and an element of surprise. Our array of services does not simply include treatments, but rather, experiences that achieve your desired wellness result and a little more...

We all look forward to welcoming you to enjoy The Ishtar Spa by Resense; and to consult personally and individually about your wellness experience in this incredible destination, the Dead Sea.



Definitive 'Dead Sea' Experiences

Our unique definitive experiences have been created so you can benefit from the natural healing powers of the Dead Sea.

The Dead Sea Hammam

75 minutes

This bathing experience is the ultimate cleanse for the body and mind. Our interpretation is luxurious with a twist. A full-body black soap cleanse, followed by an application of Dead Sea Mud to nourish your skin, ensuring you are not only cleansed but glowing.

The Original Hammam

75 minutes

A complete bathing experience to leave you refreshed, revived and renewed. This experience starts with a deep cleansing using traditional black soap, followed by a vigorous full-body exfoliation, and finishes with a nourishing ghassoul mud wrap.

The Dead Sea Purifier Facial

60 minutes

We cleanse and balance your face and décolleté with Dead Sea Minerals in this relaxing and luxurious experience. The Purifier will leave your face looking and feeling full of life and energy. Suitable for all skin types.

The Dead Sea Experience

90 minutes

Your Dead Sea experience starts with a gentle body exfoliation, preparing you for a mineral-rich Dead Sea body wrap, and to finish, a bespoke back massage, leaving you detoxed and rejuvenated.

The Dead Sea Salt Massage

75 minutes

An ultra-relaxing massage treatment combining warm poultices of Dead Sea salt and herbs, with long gliding strokes, pressures and stretching, to reduce muscular pain, ease tension and improve circulation, bringing balance to body and mind.

Resense Collections

Treat yourself to some well-deserved relaxation
and indulge in a variety of treatment collections, customised for you.

The Complete

Scrub, Wrap, Massage, Facial

195 minutes

The optimal collection to make you look and feel at your greatest. Maximising the benefit of the Dead Sea, we will exfoliate your body with local sea salt, followed by a 'Dead Sea Mud' swathe in a luxurious and relaxing body sequence that culminates in a massage of your choice. We complete this with 'The Age Defier' facial, leaving you feeling simply amazing.

The De-Stress

Scrub, Wrap and Massage

120 minutes

Drift away and relax with a Dead Sea salt and oil body polish, followed by a detoxifying Dead Sea mud wrap, to finish a de-stressing The Aroma massage. Perfect for those with a busy mind and body seeking to slow down.

The Body & Face

Scrub, Massage and Facial

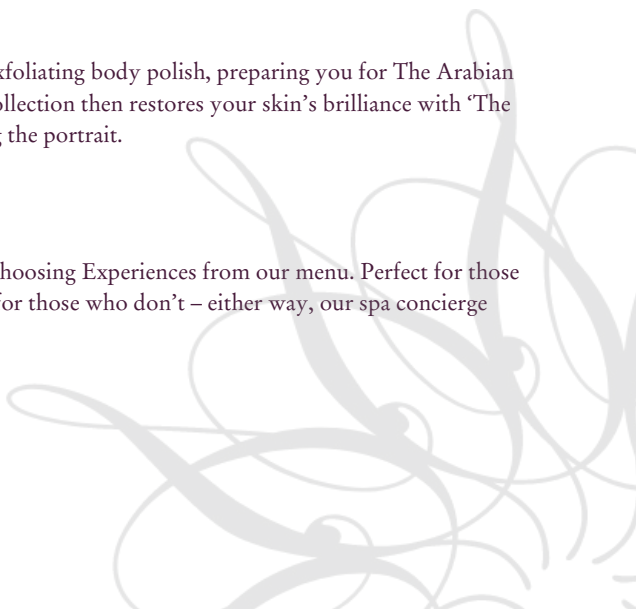
150 minutes

Your experience starts with a gentle, exfoliating body polish, preparing you for The Arabian massage. Cleansed and relaxed, this Collection then restores your skin's brilliance with 'The Dead Sea Purifier' facial, thus finishing the portrait.

The Bespoke

150 minutes tailored to you

Design your very own Collection by choosing Experiences from our menu. Perfect for those who know what they like and perfect for those who don't – either way, our spa concierge will guide you.



Massage Experiences

Experience a feeling of relaxation and inner balance
with massage experiences that stimulate circulation.

The Duo

60 or 90 minutes

Two can relax and enjoy a massage together in our couple's room. Our spa concierge will consult with you both to help you each select one of our Massage Experiences.

The Renaissance

90 minutes

This whole-body massage will slow you down, so that afterwards you will have the energy to speed up. Our definitive massage concentrates on areas of the body that hold tension.

Body brushing stimulates, whilst a variety of massage techniques ensure stress is dissolved and you feel ready for anything.

The Arabian

60 or 90 minutes

This classical massage uses five styles of long, gliding and flowing strokes. It has proven to be helpful in reducing muscular pain and joint stiffness, and in stimulating circulation. It can be performed with a medium or deep pressure.

The Aroma

60 or 90 minutes

The gentlest of massages, yet so effective in balancing the whole body and the mind. A synergy of seamless massage techniques and specially blended essential oils ensure you will feel renewed and refreshed.

The Deep

60 or 90 minutes

Before getting down 'to work', this massage experience begins with warming the muscles. This prepares you for a deep massage designed to relieve tension in the muscles and the connective tissue. Perfect for those who enjoy a stronger massage.

The Thai

60 or 90 minutes

This oil-free experience is a combination of gentle twists, rocking motions, stretches and rhythmic pressures, to deeply relax the body, improve mobility and reduce muscular tension.

The Hot Stone

60 or 90 minutes

Long massage strokes are combined with warm volcanic stones to ease sore muscles, release stiff joints and relieve muscle tension.

The Back, Neck & Shoulders

45 minutes

So many of us hold tension in our upper backs and necks, and this massage is perfectly tailored to suit your individual needs. A combination of massage techniques and carefully selected aroma blends will produce your desired outcome.

The Foot Reflexology

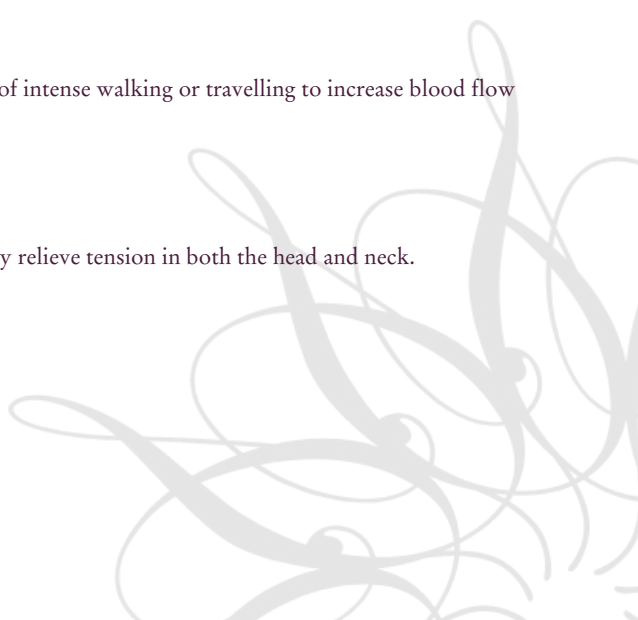
45 minutes

This is the perfect massage after a day of intense walking or travelling to increase blood flow and soothe tired, sore feet.

The Head

45 minutes

A therapeutic head massage to instantly relieve tension in both the head and neck.



Body Experiences

From slimming treatments to detoxifying the body with wraps and scrubs, our body experiences provide head-to-toe relaxation.

The Polish

45 minutes

Both of our Polishes are equally effective, depending upon your needs. Our 'Dead Sea Salt Polish' is a premium detoxifying cleanser, whilst our creamy 'Avocado Polish' is intensely moisturising. Perfect on their own or combined with other experiences.

The Polish & Wrap

60 minutes

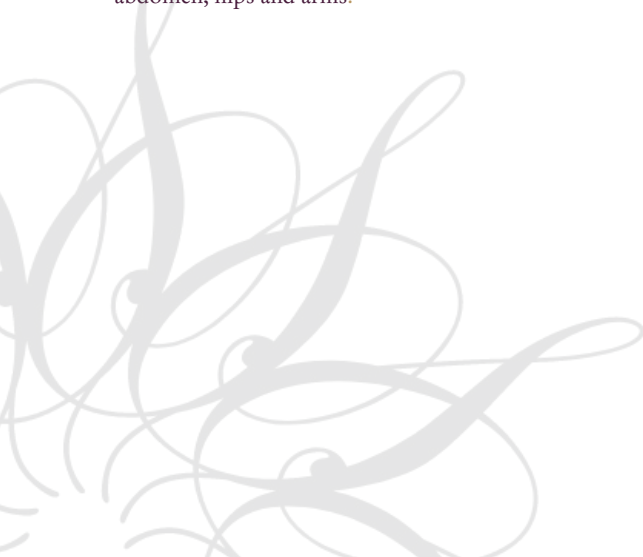
Our invigorating 'Dead Sea Salt' body scrub cleanses your skin in preparation for the remineralising Dead Sea Mud wrap. Whilst the wrap is working its magic, we will tenderly massage your head to balance and promote relaxation.

The Slim & Firm

Scrub, Wrap and Massage

90 minutes

A full-body exfoliation followed by a 'Dead Sea Mud' wrap helps to remove excess cellulite by stimulating the lymphatic system. This firming experience combines detoxifying ingredients with kneading massage techniques to combat and prevent cellulite on the legs, abdomen, hips and arms.



Facial Experiences

Our targeted facials deliver results for every type of skin.
Our spa therapists will guide you to the perfect experience for you.

The Age Defier

75 minutes

This facial deeply hydrates the skin using exclusive and highly active products that smooth and firm the facial contours. The result is a youthful, healthy and luminescent complexion. Relaxing and luxurious, The Age Defier will ensure you look and feel your youngest self when you leave.

The Hydrator

60 minutes

This deeply hydrating facial re-energises and renews the most dehydrated of skins. With active ingredients, sense-awakening textures and a relaxing massage, the skin is lifted, hydrated and toned, leaving your complexion revitalised.

The Restorer

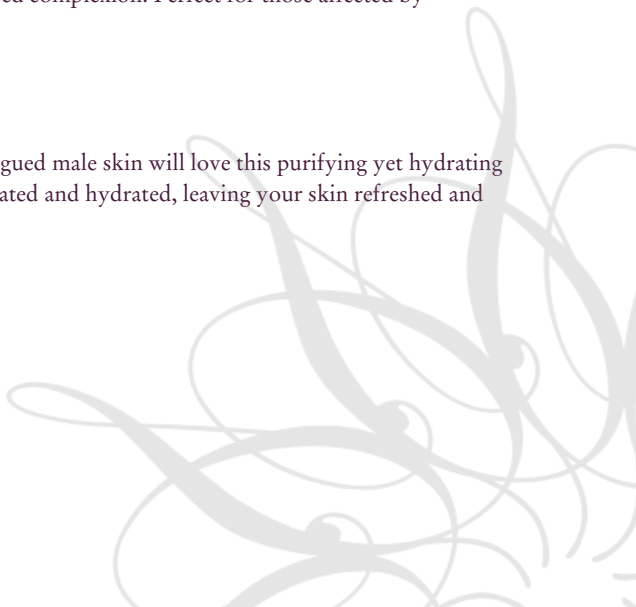
60 minutes

A unique facial treatment that is designed to soothe and rejuvenate the most sensitive of skins, resulting in a restored and repaired complexion. Perfect for those affected by dehydrated skin or sun damage.

The Gentleman's

60 minutes

Tailored just for men. Stressed and fatigued male skin will love this purifying yet hydrating treatment. Your face is cleansed, exfoliated and hydrated, leaving your skin refreshed and balanced.





The Ishtar Baths

Complimentary for guests who have booked a spa experience with us.

The Steam

A wet-heat experience at 35–45 °C (95–113 °F) with 100% humidity, with the ladies having a separate area.

The Sauna

A dry-heat experience at 72 °C (162 °F), with the ladies having a separate area.

The Dead Sea Pools

The Dead Sea water is at body temperature for the ultimate relaxing experience. The ladies have a separate area.

The Jacuzzi

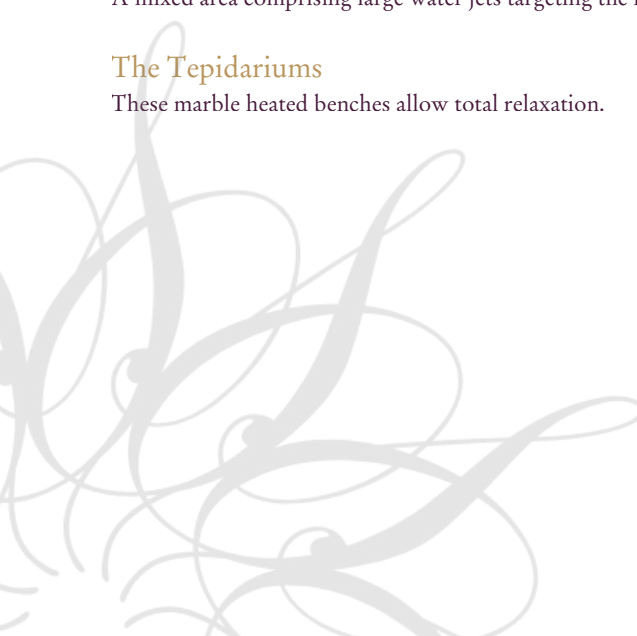
This is a huge mixed area, with various water jets to play with.

The Hydro Pool

A mixed area comprising large water jets targeting the neck and shoulders.

The Tepidariums

These marble heated benches allow total relaxation.



The Spa Suavities

The spa environment is one of tranquillity and relaxation. Please respect the quiet and privacy of other guests. We kindly request that you refrain from using mobile phones and cameras or smoking. It is recommended that you leave all valuables in your guestroom safe.

The spa does not assume liability for any valuables.

Health Concerns

Please advise us of any health conditions, allergies or injuries immediately.

Spa Experience

For your convenience, the spa will provide towels, slippers, shower caps and all amenities required for use during your visit. During all experiences, you will be properly draped for privacy.

Reservations

Advance booking is highly recommended to ensure preferred times are available. The spa provides walk-in bookings based on availability. Depending upon the weather, you can choose to have your treatment in a private, couple's or outdoor treatment suite. You should plan to arrive an hour before to experience the Ishtar Baths, which will maximise the benefit of your treatment. To make a reservation, please call the spa concierge from your guestroom by dialling 6803 or 6804.

Gift Certificates

Our gift certificates make a wonderful gift for any special occasion. Please enquire with our spa concierge for details and purchase.

Minimum Age

The minimum age is 16.

Lateness & Cancellation Policy

Please be aware that your late arrival may result in a reduction of treatment time as a courtesy to our next guest. We kindly ask our guests to give a minimum of three hours' notice for cancellations. With less than three hours' notice, you will be charged the full price.

Hours of Operation

Spa concierge: 9:00am to 8:00pm daily. Spa Experiences: 10:00am to 8:00pm daily. Appointments are available outside of these hours upon request.



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	Min	Price
DEFINATIVE EXPERIENCES		
The Dead Sea Hammam	75	160
The Original Hammam	75	160
The Dead Sea Experience	90	150
The Salt Poultice Massage	75	120
The Dead Sea Purifying Facial	60	100

COMBINATION

The Complete	195	290
The De Stress	120	200
The Body & Face	150	240
The Bespoke	150	240

MASSAGE

The Renaissance	90	140
The Duo	60 / 90	200 / 260
The Arabian	60 / 90	100 / 130
The Aroma	60 / 90	100 / 130
The Deep	60 / 90	100 / 130
The Thai	60 / 90	100 / 130
The Hot Stone	60 / 90	110 / 140
The BNS	45	80
The Foot	45	80
The Head	45	80

FACIAL TREATMENTS

The Age Defying	75	150
The Hydrating	60	100
The Restoring	60	100
The Gentleman's	60	100

BODY TREATMENTS

The Polish	45	80
The Wrap	45	80
The Polish & Wrap	60	130
The Slim & Firm	90	180

All prices are in Jordanian Dinar & inclusive of all applicable taxes.
The spa is open daily from 10:00 – 20:00 hrs. For reservation & further information please dial 6803 or 6804.



Kempinski Hotel Ishtar

DEAD SEA JORDAN

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