

Cilantro

TRIDENT BREAKFAST DELIGHTS

(available from 7 a.m. to 10:30 a.m.)

- ▲ **Eggs royale** (V) (G) (F) (N) ₹ 625
two poached eggs on toasted English muffin with smoked salmon (sustainably sourced) and hollandaise sauce | 543 kcal | 240 g
- ▲ **Eggs benedict** (V) (G) (F) (N) ₹ 625
two poached eggs on toasted English muffin with ham and hollandaise sauce | 414 kcal | 240 g
- ▲ **Eggs florentine** (V) (G) (N) ₹ 625
two poached eggs on toasted English muffin with blanched spinach and hollandaise sauce | 379 kcal | 240 g
- ▲ **Farm fresh organic eggs** (N) ₹ 525
scrambled | fried | poached | omelette | boiled | 185 kcal | 124 g
served with: grilled tomato & hash brown
with a choice of: bacon (F) | pork sausage (F) | chicken sausage
with a choice of: white bread (G) | brown bread (G) | english muffin (G)
- ▲ **Blueberry & banana pancake** (V) (G) (N) ₹ 525
with maple syrup, forest honey & fresh cream | 280 kcal | 120 g
- ▲ **Belgian waffles** (V) (G) (N) ₹ 525
with maple syrup, forest honey & fresh cream | 225 kcal | 90 g
- ▲ **French toast** (V) (G) (N) ₹ 525
with maple syrup, forest honey & fresh cream | 305 kcal | 120 g
- ▲ **Freshly baked morning pastries (choice of 3)** (V) (G) (N) ₹ 425
croissants | danish pastry | doughnuts | english tea cakes | 574 kcal | 180 g
- **Seasonal fresh fruits cut a la minute (choice of 7)** (V) (G) (F) (N) ₹ 475
watermelon | orange | kiwi | pineapple | papaya | grape
bananas | apple | guava | muskmelon | plum | 104 kcal | 240 g

■ Vegetarian ▲ Contains meat & seafood (T) Signature dish 🔥 Spice level (V) Vegan

(S) Contains shellfish (E) Contains egg (P) Contains pork (F) Contains fish & fish products (A) Contains alcohol (N) Contains nuts
(G) Contains gluten (S) Contains sulphite (M) Contains milk & milk products (S) Contains soyabeans & their products

An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary. The above mentioned calorific values are based on standard recipes and often vary basis customisation. Should you be allergic to any ingredient, please bring it to the attention of the server.

All food is cooked in refined sunflower oil, olive oil or butter.

All our meat and fish is locally sourced, unless specified otherwise. Please speak to your server for more details on our sustainability practices.

We do not levy a service charge. An 18% Goods and Services Tax is applicable on all prices.

■ Cereal

corn flakes | 360.5 kcal | 100 g ⓘ

chocos | 337.5 kcal | 100 g ⓘ

homemade muesli | 300 kcal | 100 g ⓘ

with milk:

whole | 34 kcal | 100 ml ⓘ

soy | 39 kcal | 100 ml ✓

almond | 16 kcal | 100 ml ✓

with yoghurt: ⓘ

plain | 64 kcal | 90 g

low fat | 44 kcal | 90 g

₹ 475

REGIONAL AND LOCAL CLASSICS

■ South Indian dosa ⓘ

₹ 525

plain masala Mysore | 156 kcal | 180 g

■ Paratha ⓘ ⓘ

₹ 525

onion | potato | cottage cheese | cauliflower | 446 kcal | 220 g

■ Idli ✓

₹ 525

steamed rice dumplings served with sambhar and chutneys | 187 kcal | 120 g

■ Masala uttapam ⓘ

₹ 525

rice pancakes topped with onions, tomatoes and coriander served with sambhar and chutneys | 192 kcal | 180 g

■ Poori bhaji ⓘ ⓘ

₹ 525

regional local specialty curried potato and deep fried bread served with homemade pickles | 475 kcal | 180 g

▲ Akuri ⓘ

₹ 525

parsi style soft scrambled eggs with chilli, ginger, turmeric and coriander | 399 kcal | 142 g

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BEVERAGES

■ **Lassi** ① ₹ 475
blended yoghurt drink, salted or sweet | 208 kcal | 250 g

■ **Hot beverages** (*locally and sustainably sourced*) ₹ 475
freshly brewed coffee | 173 kcal | 350 ml
tea | 156 kcal | 350 ml
hot chocolate | 285 kcal | 350 ml ①

■ **Freshly squeezed seasonal juices** ✓ ₹ 475
watermelon | 160 kcal | 250 ml
orange | 116 kcal | 250 ml
apple | 114 kcal | 250 ml
pineapple | 276 kcal | 250 ml
cucumber | 48 kcal | 250 ml
carrot | 101 kcal | 250 ml

■ **Smoothies** ① ₹ 475
with fresh fruit & juice
papaya | 259 kcal | 250 ml
mango | 269 kcal | 250 ml
blueberry | 225 kcal | 250 ml

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